



Durham Region Health Department **FAX about...**

For Health Care Professionals



Referral to the Healthy Babies Healthy Children Program

Healthy Babies, Healthy Children (HBHC) is a free home visiting program for families in the prenatal and post-partum period and throughout early childhood up until school entry. Home visits are offered Monday to Friday 8:30 am to 4:30 pm.

Public health nurses and family visitors work with families on a variety of goals, including:

- Having a healthy pregnancy and birth
- Attachment
- Perinatal Mood Disorders
- Breastfeeding and nutrition
- Growth and development
- Parenting
- Accessing community services and programs

Clients can be directed to the HBHC program via our online referral at durham.ca/HBHC (self or HCP referral) or through the Health Care Provider webpage at durham.ca/HCP.

To order additional postcards and posters for your office, visit Health Care Professionals Resource Order Form at durham.ca/HCPResources.

July 30, 2026

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.

